

AP 135 APPENDIX – EXPOSURE CONTROL PLAN COVID-19

General Principles

According to the Occupational Health and Safety Regulations, 2020, an exposure control plan is to be designed to eliminate or minimize worker exposure to infectious materials. Section 6-22(1) of [The Occupational Health and Safety Regulations, 2020](#) specifies the elements that must be included in an exposure control plan. The plan must be reviewed regularly in consultation with the Occupational Health and Safety Committee.

Identification of workers who may be exposed to COVID-19

At Lloydminster Catholic School Division (LCSD), all staff have the potential to be exposed to COVID-19 in the course of their work within the schools, offices and in activities after work hours.

Identification of tasks/procedures that may put a worker at risk of exposure

At LCSD, interaction with other staff members or students may put staff members at risk of exposure during the workday.

Description of the way in which COVID-19 can enter the body of a staff members, and associated risks

Coronaviruses are a large family of viruses. They can cause diseases ranging from the common cold to more severe diseases such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS-CoV). Some cause illness in people, while others circulate among animals. Some coronaviruses transmit easily from person to person while others do not.

Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) is a new virus that has not been previously identified. SARS-CoV-2 is the cause of COVID-19, which causes mild to moderately severe symptoms and some deaths. The virus spreads through close person-to-person contact. As with new viruses, further details will be available as we learn more.

The virus spreads through respiratory droplets that occur through coughing and sneezing (droplet transmission). The droplets can also be spread by touching surfaces with the virus on it and then touching your mouth, nose or eyes before washing your hands. While it is not yet known exactly how long the virus lives on surfaces, preliminary evidence suggests it can live on objects and surfaces from a few hours to several days.

While the primary driver of COVID-19 transmission is by people who are symptomatic, there is evidence that some COVID-19 infected people who never develop symptoms or are not yet sick are able to transmit the virus.

Description of signs and symptoms of COVID-19

Symptoms of COVID-19 are similar to other respiratory illnesses, including the flu and common cold. Please consult the provincial government's [website](#) for a list of current COVID-19 symptoms.

These may be unexplained new or worsening symptoms, and these symptoms may vary. Some people experience mild symptoms or no symptoms at all. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Older people or those with chronic illnesses are at higher risk for a more severe form of the disease.

Description of control measures currently in place within LCSD facilities

- Focus and attention on hand hygiene
- Transparent barriers are available for staff to be used at their discretion
- Staff and students are asked to stay home if they have symptoms
- Parents are asked to pick up students who become ill during the day
- Public Health recommends vaccination and keeping your bubble small
- Physical distancing during in-person meetings, where possible
- Self screening for staff and visitors to complete before entering an LCSD facility
- Signage on all facilities to alert staff and visitors about dangers of COVID-19
- Rapid tests are available to staff to use before the start of the school day
- Rapid testing kits are available for families, while supplies last

Identify the limitations of the infection control measures described above

- At this time, vaccination is not mandatory for Division staff.
- Staff and students, who choose to wear masks, may wear their masks incorrectly or handle them with unsanitized hands.
- Staff or students may come to the workplace with symptoms and before being tested for COVID-19.

Identify procedures to be followed if a worker has been exposed or if a worker believes they have been exposed

Staff members and students may choose to inform their school or office if they test positive for COVID-19. If an individual tests positive, the staff member or student must not attend LCSD facilities for a period of time, as recommended by the Public Health Order.

Describe methods of cleaning or disinfecting PPE or other equipment that may be contaminated and identify who is responsible for carrying out these activities

- School caretakers are responsible for sanitizing high touch surfaces and other cleaning tasks as needed throughout the school day.
- All staff are expected to sanitize surfaces after using them and use caution in their interactions throughout the workday.

Describe the training provided to workers who may be exposed and the means by which this training will be provided

- Illness in Care training (SHA) provided to all staff fall of 2020
- Prevention with a Purpose program launched in fall of 2020 that has written procedures and videos to support

Investigation and documentation

- The Division will continue to monitor student absenteeism and report as required to Public Health
- The Division will continue to monitor staff absenteeism
- The Division will continue to work with Public Health to determine if any additional safety measures are required.

Resources:

- Government of Saskatchewan's [website](#)